**2022年度　活動記録簿**

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| 実習先名 |
| プロジェクト名 |
|  | 大学・大学院・短期大学 |  | 学部・研究科 |
| 受講番号 |  | 氏名 |  |

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| 日 | 曜日 | 活動時間 | 累計時間 | 活動場所 | 活動内容 | 備考(振返り等) |
| 【例】8/2 | 月 | 5時間 | 5時間 | 受入先事務所 | チラシ配布集計 |  |
| 【例】8/3 | 火 | 30分 | 5時間30分 | 自宅 | パソコン作業 |  |
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