**2025年度　活動記録簿**

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| 実習先名 |
| プロジェクト名 |
| 大学・大学院・短期大学　　　　　　　　　　　　　　　　　　　　　　学部・研究科 |
| 受講番号　　　　　　　　　　　　　　　　　　氏名 |

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| 月日 | 曜日 | 活動時間 | 累計時間 | 活動場所 | 活動内容 |
| 【例】8/4 | 月 | 5時間 | 5時間 | 受入先事務所 | チラシ配布集計 |
| 【例】8/5 | 火 | 30分 | 5時間30分 | 自宅 | パソコン作業 |
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